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RELEASE: June 7, 2012
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VNA Northwest Offers Blood Pressure Clinics at Two Thomaston Locations

THOMASTON –VNA Northwest holds monthly blood pressure clinics in Thomaston. The hour-long clinics are open to the public and held at Green Manor and Grove Manor senior housing.

The Grove Manor clinic (11 Grove Street) is held on the second Tuesday of each month from 10-11 a.m. The next clinic will be Tuesday, June 12.

The Green Manor clinic (63 Green Manor) is held on the third Thursday of each month, from 12:30-1:30 p.m. The next one will be held on Thursday, June 21.

The clinics are currently funded with the help of a local sponsor, The Mae Casali Bonvicini Foundation.

Research shows that control of high blood pressure can prevent strokes, kidney failure and heart attacks. Blood pressure screenings are offered by VNA Northwest, Inc. on a weekly or monthly basis in several area towns, including Bantam, Bethlehem, Cornwall, Falls Village, Harwinton, North Canaan, Sharon, Torrington, Warren and Washington.

For a complete listing of VNA Northwest's services to the community, including Bend & Stretch clinics, travel health and private duty services, please visit www.vnannw.org or call (860) 567-6000.

The agency provides home health and hospice services to residents of all Litchfield County towns.

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